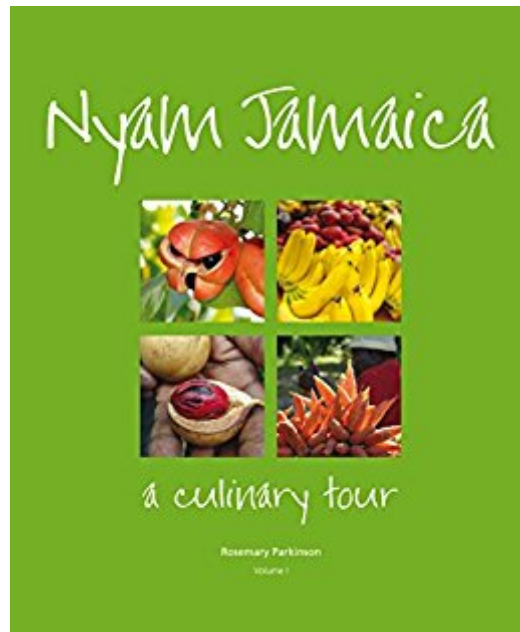




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Nyam Jamaica: A Culinary Tour: Volume I



Synopsis

The award winning roller-coaster ride around the island of Jamaica delving in pots from the little man on the side of the road right into the Governor General's kitchens. The late Chef Norma Shirley, Grand Dame of Caribbean Cuisine, lives on in this publication. Volume I, starts with an introduction to the island, and covers the parishes of St. Thomas, Portland, St. Mary, St. Ann, Trelawny, St. James. Nyam Jamaica had copped Best Design, Best Photography and Best Easy Recipes for Jamaica in 2008 and therefore received a Gold Medal at the Gourmand Cookbook Awards in Paris in 2009. "Nyam Jamaica" takes the reader of an extraordinary culinary tour; no less exciting and delightful than a leisurely trip along our highways or country roads, passing by our lovely beaches, into our hill and valleys. The recipes reveal the magic and expose the secrets of our wide-ranging Jamaican cuisine – genuinely "bonoobobos". The Most Hon. P.J. Patterson, ON, PC, QC, Prime Minister of Jamaica from 1992-2006 "I opened Nyam Jamaica as I was leaving Government Headquarters (Barbados) and was not even aware we had reached the Official Residence. In that space of time I had been transported to the island of Jamaica with delight. I felt, tasted, heard and saw pages come to life as, together with Rosemary, I visited communities of Rastafarians, homes, roadside shops, restaurants and every conceivable nook and cranny the country contains. Congratulations, Rosemary." The late Hon. David Thompson QC, MP, Prime Minister of Barbados (2008-2010)

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